

HIGHTENSION News



Summer Issue 2020

“Presidents Page”



MSRT Members,

Over the last several months, I have struggled to process what I was seeing on the news, on social media, and in my own community. My struggle, as a male with white privilege, pales in comparison to the appalling violence experienced by members of the black community and other individuals of color that have existed for centuries and been so prominent in the media recently. I recognize this is not about me. However, I am using this opportunity to listen and participate in very thoughtful conversations surrounding social justice, hear concerns from fellow RTRs about issues their patients are experiencing, talk to my own children, and try to navigate how I can further educate myself to be a better parent, health care provider, director, and leader within our profession.

Despite my efforts, I wish I could tell you that I have figured something out. I have not. Instead, I find myself feeling embarrassed. Embarrassed that I identify with a privileged class of citizens that has let this occur for years and at times dismissed it without making a real effort to do anything about it. I am frustrated. Frustrated that we don't have the solution that can make all of this better. I am confused. Confused that I am not doing the right thing and questioning if what I am doing will help or hurt those that need me to do better. I am afraid. Afraid of doing the wrong thing, but also afraid that if we don't do something, nothing will change. However, I do know one thing. In this current situation, my feelings should not be a priority. I need to care more about the feelings of others and how my actions can positively impact those around me. No one should have to worry about getting killed while going out for a run, worry about someone calling the police because of the color of their skin, or worry about how they will be treated when they encounter a member of law enforcement.

Two years ago, I had the privilege of becoming president of our society. I hoped I would be able to make a positive impact, and I envisioned many, but certainly not the vast variety of opportunities that would be presented to me. There have been many issues to deal with recently. We have many members dealing with the impact of COVID-19, and many of those members feel they have been underrepresented for years and see a national and local leadership that they have a hard time identifying with. We have members that wonder what the MSRT is doing for them... Our organization has had many active and engaged leaders, and I hope, as incoming Chairman of the Board, to work with the rest of our leadership and membership to continue to build on what has been established.

As the MSRT President, I can ensure you that I, along with the MSRT Board of Directors and many others in the radiography community, am committed to being an advocate for all of our members and for the profession. With everything we do, we must focus on enhancing diversity, inclusion, equity and social justice. As health care providers, we must be culturally sensitive advocates for patients and always keep their best interests in mind. We can and must be better to meet the needs of our patients, members, and individuals in our communities.

In Kind,

Scott Haglund, RT(R)

NOTICE #1: For All Members

MSRT will be holding virtual Annual Election of Officers on October 3, 2020 (specific time will be announced). YOU MUST BE REGISTERED TO VOTE!

We will be holding the MSRT election of officers virtually. We will be electing a President-Elect and Secretary.

Nominations for these positions can be sent to presidenelect@mnsrt.com

In addition, we will be voting on the selection, of a member, for the life Membership category. The nomination will be read at the meeting on October 3rd, 2020. More information will be coming soon.

WE NEED to see you there to conduct the business of MN Society of Radiologic Technologists.

NOTICE #2: For All Members

INFORMATION FOR GATHERING CREDITS FOLLOWING THE CANCELLATION OF OUR 2020 FALL CONFERENCE AND ANNUAL MEETING

Wondering how to find the member CE benefit?

- Log onto www.mnsrt.com
- Forgot your password
- No worries just click forgot password on the home page and it will email you a reset link!

- Once logged into your account go to AltusLearn MSRT campus tab for the news on AltusLearn and follow the registration instructions.

For more information on the procedure use: info@mnsrt.com

“Meeting Our New Board Members”

Our new MSRT Secretary: Jessica (Jess) Wiste, RT(R)ARRT:

How did you get into Radiology?

I knew I wanted to work with people.. I toured Mayo Clinic in Rochester and the Radiology Program really sparked an interest for me to pursue a career in Radiology.

Where did you go to school for radiology?

I graduated from the Mayo School of Health Sciences in Rochester MN in 2006.

Are you a member of ASRT?

I am a member of ASRT and MSRT.

Do you have any other certifications?

I am certified in Radiography. I supervise all the Medical Physics Assistants in all modalities. I love working with individuals that have a helping hand in all modalities within Radiology.

What made you volunteer to be the secretary?

I volunteered to be the MSRT secretary to keep myself involved within the MSRT and know current aspects related to Radiology. This gives me a sense of purpose and joy above and beyond my work at Mayo Clinic

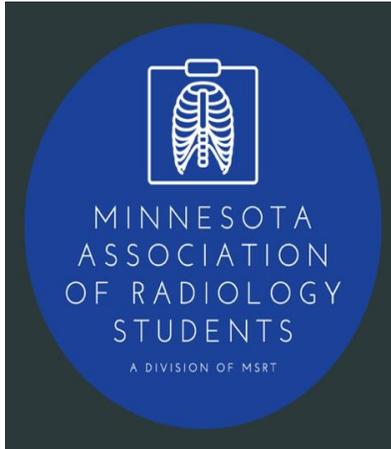
Little on personal life:

I am married to my husband, Dustin Wiste. We have two beautiful children named Brynlee (6) and Bryar (4). This keep us on our toes and bring us so much happiness and fulfillment in life.



“Unity is strength...when there’s teamwork & collaboration, wonderful things can be achieved.”

Mattie J.T. Spepanek



Our new “MARS” President:

Hi everyone, my name is Nick Kaiser, your new MARS President.

How did you get into Radiology?

I was impacted by a family member’s healthcare journey

Where did you go to school for radiology?

I am a senior student at St. Cloud Hospital’s School of Diagnostic Imaging.

Are you a member of ASRT? MSRT?

I am a member of MSRT

What are your goals for this year as President?

My goals for this coming year are:

- Feature a student(s) of the month from our various Radiology programs throughout the state
- The students will be nominated by their classmates and create a brief bio like the one here
- Each nominee’s name will be placed into a drawing for prizes during the spring meeting in 2021, and
- For us to get to know each other better through this year.

What are your goals for the rest of your life?

My goal is to become an advocate for our profession.



“Don’t be afraid to take a big step. You can’t cross a chasm in two small jumps.”
David Lloyd George

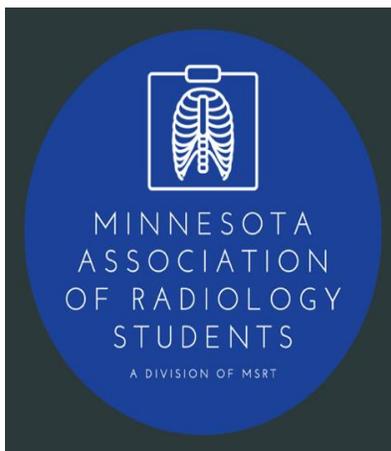
”Congratulations!”

New son, Austyn Zigan, arrived in January into the Zigan family (Grandma, is our Northern Representative.)

Cheryl Schreiner, RTR, one year anniversary as Service Program Manager for General Electric Company.

Jill Lucas, MSRT President-Elect, was appointed to the AAPM Committee to Increase the Participation of Medical Physicist’s Assistants (MPAs) in the AAPM.

MSRT Received an ASRT Affiliate Award for Advocacy for our efforts this past year. More to come!



Kaitlyn Nigbor, past MARS President, 2019, created a new MARS logo while she was a senior at St. Kate’s School of Radiology. The MSRT Board accepted her logo at the April Meeting.

Kaitlyn had some words of wisdom for all the students:

- Plan your time accordingly to keep up with your classes as there is so much to learn,
- Be passionate, professional, engaged in your profession, and
- Patients notice a difference when shown them kindness and compassion.

This logo will be in the ‘High Tension News’ whenever there are MARS activities being planned or held.

“Gone, But Not Forgotten”

Mary Jo Schaumburg’s Mother passed away (during the 2019 MSRT Fall Conference)
Stanley Von Drashek, MD, Radiologist
Shirley Ann Barringer, RT
David Larson, MD, supported MSRT activities
Helmut Diefenthal, MD, Radiologist. He started the radiology department in Kilimanjaro:
Christian Medical Center in Tanzanian (Rotraut, RTR’s husband)
Ronald “Red” Saurdiff, Nanci Saurdiff ‘s Dad
Willman Broadman, MD. Radiologist, supported MSRT activities
Bruce Endahl, MD, supported MSRT activities
Sharon Zigan’s youngest brother, Brian (Sharon’s our Northern Region Rep.)
Elaine Hannam, RTR
Mary R. Poeschl, RTR
Charles (Chuck) Doerr, retired, MDH X-ray
Barbara O’Meara, RTR
Rachel Susan Vath, RTR
Gerald Alborn, RTR
Nancy Johnson, RTR
Barbara Jean Bye, RTR
Scott Selby, RT
Gregory A. Elsner, RT
Kenneth Hunze, RT(R)

“Each happiness of yesterday is a memory for tomorrow”

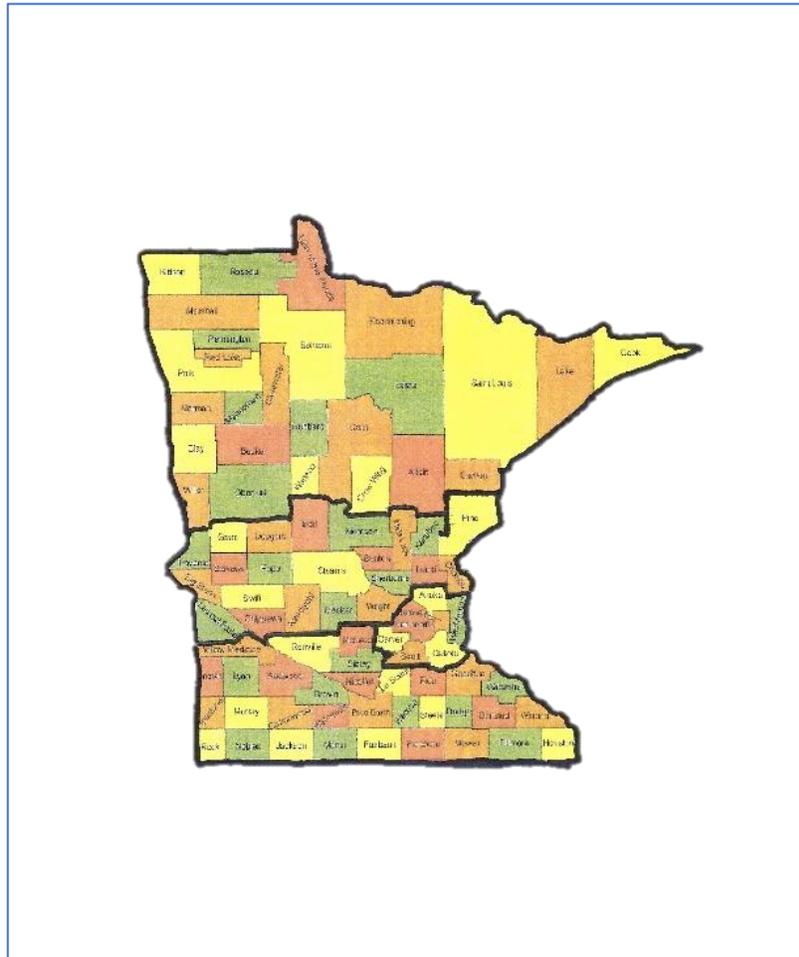
Unknown

Historian’s Corner year 1989. In 1989, Outstanding achievements by MN technologists!

- Vicki Valentine, RT(R) presented a scientific paper on “MRI” Meeting the Challenge of AIDS” at the international Society of Radiographers and Radiologic Technicians 9th World Congress which was held in Paris, France. Vicki was an MRI Technologist at Abbott-Northern Hospital and a member of MSRT.
- Kevin Johnson, RTR was one of 2 technologists asked to participate in a software upgrade for Magnetron. He was able to go to Germany to provide a user’s view of the new upgrade. Kevin was the supervisor of MRI in Abbott-Northwestern Hospital.
- Lama Sanders. RT(R) presented 2 scientific papers at the Siemens MRI Technologist seminar in Ponte Verde Beach in Florida. Lana was an MRI Technologist at the Univ. of Minn.
- Joan Reed presented a scientific paper on “Radiologic Diagnosis of the Dissected Aorta” at the ASRT’s 61st Annual Meeting in Milwaukee, WI. Joan is a RT at St. Paul-Ramsey Medical Center. She was a member of MSRT and President elect.
- Nancy Saurdiff was selected to present a paper at the ASRT’s 61st meeting in Milwaukee, WI. Title was “Magnetic resonance Angiography: MRI’s answer to non-invasive vascular imaging/. Nancy was a MRI Clinical Instructor at Abbott-Northwestern Hospital.”

I would like to thank these technologists for their hard work with MRI!

MSRT REGIONAL MAP



Find Where You Live...Find Your Regional Representative...Get Involved at Local Level!

You asked... “What is a MSRT Regional Representative?”

They are members who:

- Are appointed to provide leadership for their Region
- Coordinate Regional activities
- Are resource person for their regional members and the MSRT Board of Directors
- Works with the Board to have seminars or classes for the region and assist in Conferences and Annual Meeting when the schedule falls to their Region and other regional sponsored seminars or classes.

The information on our Regional Representatives by Denise Taber, BS. RT(R) (T) (QM)

“Practice isn’t the only thing you do once you’re good. It’s the thing you do that makes you good.”
Malcolm Gladwell.

Meet MSRT's Northern Regional Representative...Sharon Zigan, RT(R) (M) (MRI)



Always working at something! Ever relaxed? Not that I know of...

- Registered in Radiology, Mammography and Magnetic Resonance Imaging since 1978.
- MRST past president plus+ working on the various positions on the MSRT Board.
- Has worked on 6 different MSRT Fall Conferences and Annual Meetings.
- Held the Northern Regional Representative several times including currently.
- Takes pride in this profession as you can make a difference in your patient's lives.
- Is a team member for MSRT gives me a way to interact with other technologists
- Professional means taking pride in all interactions with patients and peers.
- Doing my best to carry on the profession, not a job but a commitment to give the best care we can.
- Having my certification in MRI allows me to give MRI safety lectures to students.
- Being retired, I am busier now than when I was working. I still have my passion to assist MSRT.
- Since Christmas I've been babysitting a 4 year old and a 3 month old for our daughter.
That is a **FULL time job!**

"Thank you for allowing me to be a part of MSRT. I am not ready to stop anytime soon either!"

"If you have an idea, hustle around & get another. Don't let it die of solitary confinement!
from the Iowa Society's Newsletter.

Meet MSRT's Central Regional Representative...Jack Ashcroft, RT(R) (MRI)



Working?



Relaxing?

- Registered in both Radiography and Magnetic Resonance Imaging. I will do an x-ray if needed.
- Joined MSRT as a student while in St. Cloud Hospital under Ms. Deanna Butcher.
- Best part of being a member of MSRT are the connections with people of the profession from various parts of the state and share ideas and the passion for radiology at the Fall conferences and Regional meeting.. What a Deal!
- Being a professional is doing the best you can for each patient, every time, and by going the extra mile to keep the patient comfortable, so the exam is the highest quality possible.
- My spare time activities; traveling, eating, watching movies, shows, hockey, listening to music & singing.
- Best travel has been to Australia 3-4 times & when the pandemic is over, Germany.
- Favorite food: steak and pizza. Red Lobster, Malones and Fogo De Chao are all great!
- My bucket list is very long too long to list here...travel!.

“Thanks to everyone for reading this. I look forward to working with you in MSRT so join me there! I am excited to be the Central Regional Representative!”

SAVE THE DATE!!

**Fall Conference and Annual Meeting
OCTOBER 14-16, 2021 at the Crowne Plaza in Plymouth, MN.**

Our MSRT's Metro Regional Representative is very busy planning our next MSRT Fall Conference and Annual Meeting in Plymouth, MN. This is a very big undertaking job especially planning around the pandemic issues. We should all keep our fingers crossed they find a vaccine, SO we call all enjoy the Conference in 2021.

Start planning now! If you are looking for a place to volunteer this may just be the opportunity you have been waiting for...**good place to start! Volunteer form is in this HTN Issue**



MSRT VOLUNTEER INFORMATION FORM

MSRT Positions that are voted on:

- President-Elect- Annually**
 Nomination committee

Secretary and treasurer are 2 years and voted on in alternate years

- Secretary (even years)
 Treasurer (odd years)
 Regional Representatives (1 for each region; Northern, Central, Metro and Southern)

I am interested in volunteering on these committees that fit my interests. Please check all that apply.

- Advertising & Marketing
 Annual Fall Conference
 Awards & Honors Ceremony
 By-laws and Resolution
 Continuing Education
 Editor High Tension News
 Government Affairs & Legislative
 Historian and Library
 Membership
 Parliamentarian
 Public Relations & Social Media
 Sergeant at Arms (for Board, Conferences and Annual meeting)
 Resource Modalities: Chairperson for each of the modalities. (Radiology, CT, MRI, IR, US, Therapy, Dosimetry, BD, RRA, Mammography, CVT, Radiation Nurse, and others as needed)

List the modalities you are interested in: _____

Each of the above positions a Chairpersons will create a 3-5-person working committee.

Name/Credentials: _____

Email address: _____

Phone Number: _____

“MSRT Awards”

Merry Richards, RT(R) Chairperson

WHEN the Fall Conference and Annual Meeting were cancelled, the Awards and Honors celebration were canceled also. However, what this means simply is that there is more time to create an exhibit or essay. This is for both technologists and students.

GOAL: To have more applicants and participants than we have ever had!

Application information for all applications are located on [MNSRT's website](#) NOW!!

MNSRT website has all the information and application forms for any and all positions!



Have you ever wondered where some of our retired members are and what they may be involved in?

I caught up with Elwood Oschner.

“It’s hard to believe it has been a little over 20 years since my retirement (well temporary). Shortly after retiring, I went to work driving bus for the Marriott Hotel in Bloomington several nights a week. Then in 2001, I was persuaded to come back to the V.A. to help out in MRI, which I did a couple nights a week and every third Saturday for a little over four years, cutting back to two nights at the hotel during that time. I have been completely retired since 2008.

My wife and I have done a great deal of traveling for the past 10 years throughout the U.S> then in 2012 we did a bus tour of Europe along with my brother and his wife and a neighbor couple then last fall my wife and I did a river cruise of the Rhine from Amsterdam to Basel.

I have also resumed by music, playing my accordion for various functions and have played at several senior housing units. I also play at the Hayes Senior Center in Apple Valley with a group of musicians for a jam session the first Wednesday of the month. I have been playing at Ebenezer Ridges for the residents about once a month. Looking forward to getting back to some of that which has all been put on hold due to this pandemic.

Here's hoping all is going well with all the MSRT members. I have many fond memories of my time with MSRT and miss the people, but I am enjoying my retirement!"

Elwood Oschner, Retired RT(R)

In future issues other retired individuals to be highlighted...do you know anyone who would like to share their retirement news? Let us know.

Before I sign off: Please help me find the Membership Trophy we awarded to a region with the greatest membership growth. It is lost...please look in cupboards, boxes, under counters for us. We would like to find it and continue recognize regions who gain the most members. It is a big trophy with brass pieces indicating either the District or Region who received it. It also has x-ray tube or tubes on it. It was given to the region to display for the year. The last time we have pictures of it being given was in 1989 or 1990. In the picture is the President at the time and an individual representing the District/Region.

Thank you for looking. Would be nice to have it back in the Historian's information. You can notify any MSRT Officer or info@mnsrt.com



Go To Sleep

Well, it is time to put this Summer Issue to bed. Please remember the 2 very important notices for **ALL MEMBERS** following the President's Page.

This has been a trying year for all, some strange, some frustrating and certainly fewer face-to-face interactions. There are days when I look good with my face mask on other days it doesn't help!

“Remember that happiness is a means of travel, not a destination.”

I would image you have noticed that this issue is laid out different that the last the previous? Some of our editorial staff have been busy teaching Radiographic Technology to the current students throughout the pandemic... So, it is not as neat, but this too will change! Please let us know if you have a preference for the HTN format.

If you have other questions, ideas, comments for MSRT please get hold of me. I am always open to how we can make the “High Tension News” something you can look forward to reading.

Sue McClanahan, RT(R)
vern9803@q.com